

# DR

Doctors  
Research



# PRODUCT

# Selection Guide

The first product listed below each category on the following pages is often the first choice. Others on the list should also be considered, but they are simply listed in alphabetical order.

Adrenal Health	Hypothalamus Support	Parathyroid Health
Antioxidants	Immune Support, Acute	Phosphorus Supplementation
Athletic Performance Support	Immune Support, Chronic	Pineal Health
Bladder Health	Immune Support, Gland Specific	Pituitary Health
Blood Health	Inositol Supplementation	Placenta Health
Blood Sugar Support	Iron-Free Multi	Potassium Supplementation
Bone Health	Iron Supplementation	Prenatal Support
Brain Health	Joint Health and Lubrication Support	Prenatal Support, Final Month
Breast Health	Kidney Health	Protein Shake
Bronchial Health	Ligament/Tendon Support	Respiratory Function
Calcium Supplementation	Liver Health	Selenium Supplementation
Cardiovascular Support	Lung Health	Skin and Hair Health
Cholesterol Metabolism Support	Lymphatic Function	Spinal Support
Choline Supplementation	Male Hormonal Health	Spleen Health
Chromium Supplementation	Manganese Supplementation	Sports Health
Copper Supplementation	Meal Replacement	Testicle Health
Cytotrophins, Simply Glandulars	Mental Health	Thyroid Health
Dairy Free	Molybdenum Supplementation	Uterus Health
Dental Health, Gums	Multivitamin Support	Vanadium Supplementation
Dental Health, Teeth	Musculoskeletal Function, Acute	Vegetarian Supplementation
Detoxification, Blood	Musculoskeletal Function, Chronic	Vitamin A, Alpha & Betacarotene
Detoxification, Colon	Nattokinase	Vitamin B Family Supplementation
Detoxification, Kidney	Nerve Function	Vitamin C Supplementation
Digestion, Biliary System	Omega Acids	Vitamin D Supplementation
Digestion, Elimination	Oxygen Metabolism	Vitamin E Supplementation
Digestion, Flora	Ovary Health	Vitamin K Supplementation
Digestion, pH	Pancreas Health	Water Balance
Digestion, Salivary	pH Balance, Acidifiers	Weight Management Support
Digestion, Upper GI Support	pH Balance, Alkalizers	Wheat Free
Endocrine Support, Multi	pH Balance, Normalizers	Zinc Supplementation
Essential Fatty Acids		
Ear Health		
Eye Health		
Fat Metabolism		
Female Hormonal Health		
Fertility Support, Female		
Fertility Support, Male		
Folate Supplementation		
Gall Bladder Support		
Gluten Free		
Homocysteine Management		



## **Adrenal Health**

High Stress Adrenal  
Anxie-Tone  
B Stress Complex  
C Complex

Simply Adrenal  
Vegetarian Adrenal  
Vegetarian Tyrosine

## **Antioxidants**

Herbal Antioxidant  
Green Vegetable  
Alkalizer  
Libida-Life  
Selenium E

Vitamin-Mineral  
Vitamin-Mineral Shake  
Wheat Germ Oil E  
Zinc Complex

## **Athletic Performance Support**

Cardio-Power  
Anxie-Tone  
Choline Complex

Vitamin-Mineral  
Vitamin-Mineral Shake  
Wheat Germ Oil E

## **B**

## **Bladder Health**

Arginase Bladder  
Green Vegetable  
Alkalizer

Thymo-Immune  
Vira-Bac-YST  
Uro-Kid Support

## **Blood Health**

Hematic Formula  
Green Vegetable  
Alkalizer

Nattokinase

## **Blood Sugar Support**

Gluco-Sugar-Balance  
B Stress Complex  
Simply Pancreas

Vitamin-Mineral  
Vitamin-Mineral Shake

## **Bone Health**

Cal-Mag Complex  
Calcium Complex

Calci-Chew  
Vitamin-Mineral

## **Brain Health**

Serious Brain  
Enhancer

Omega 3/EPA/DHA  
Wheat Germ Oil E

## **A**

## **Breast Health**

Simply Mammary

Le Feminine Advantage

## **Bronchial Health**

Aller-Lung Support  
Intracellular Cough

Simply Lung  
Thymo-Immune

## **C**

## **Calcium Supplementation**

Calcium Complex  
Advanced Joint  
Complex

Cal-Mag Complex  
Calci-Chew

## **Cardiovascular Support**

Cardio-Power  
Co-Q10 Cardio

Simply Cardio

## **Cholesterol Metabolism Support**

Cholester-Right  
Choline Complex  
GB Support

Inositol Complex  
Liva DeTox & Support  
Vitamin-Mineral Shake

## **Choline Supplementation**

Choline Complex  
Anxie-Tone

Vitamin-Mineral  
Vitamin-Mineral Shake

## **Chromium Supplementation**

Gluco-Sugar-Balance  
Metabolic Thyro  
Migratrol

Vitamin-Mineral  
Vitamin-Mineral Shake

## **Copper Supplementation**

Vitamin-Mineral



**Cytotrophins, Simply Glandulars**

- |                     |  |
|---------------------|--|
| Simply Adrenal      | Simply Pancreas                          |
| Simply Cardio       | Simply Spleen                            |
| Simply Hypothalamus | Simply Thymus                            |
| Simply Liver        | Simply Thyroid                           |
| Simply Lung         | Simply Uterus                            |
| Simply Mammary      | All other glandular-containing Products. |
| Simply Orchic       |  |
| Simply Ovary        |  |

**Digestion, Elimination**

- |                   |                  |
|-------------------|------------------|
| GB Support        | Para-Dysbio-Zyme |
| Digesti-Pan       | Probio-Zyme-YST  |
| Magnesium Complex | Pro-Enzymes      |

**D****Dairy Free**

- All products are dairy-free except  
Probio-Zyme-YST

**Dental Health, Gums**

- |           |                    |
|-----------|--------------------|
| C Complex | Herbal Antioxidant |
|-----------|--------------------|

**Dental Health, Teeth**

- |                 |                 |
|-----------------|-----------------|
| Cal-Mag Complex | Dento-Gums      |
| Calci-Chews     | Vitamin-Mineral |

**Detoxification, Blood**

- |                           |                      |
|---------------------------|----------------------|
| Detox-N-Cleanse           | Liva DeTox & Support |
| Green Vegetable Alkalizer | Simply Liver         |
|                           | Simply Spleen        |

**Detoxification, Colon**

- |                  |                  |
|------------------|------------------|
| Probio-Zyme-YST  | Digesti-Pan      |
| Arginase Bladder | GB Support       |
| Detox-N-Cleanse  | Para-Dysbio-Zyme |

**Detoxification, Kidney**

- |                  |                      |
|------------------|----------------------|
| Arginase Bladder | Liva DeTox & Support |
| Uro-Kid Support  |                      |

**Digestion, Biliary System**

- |                 |                      |
|-----------------|----------------------|
| GB Support      | Liva DeTox & Support |
| Betafood        | Simply Liver         |
| Choline Complex | Simply Spleen        |

**Digestion, Flora**

- |                 |             |
|-----------------|-------------|
| Probio-Zyme-YST | Pro-Enzymes |
|-----------------|-------------|

**Digestion, pH**

- |                           |                       |
|---------------------------|-----------------------|
| Probio-Zyme-YST           | Digesti-Pan           |
| Green Vegetable Alkalizer | Land and Sea Minerals |

**Digestion, Salivary**

- Complete Smell & Taste

**Digestion, Upper GI Support**

- |                       |                 |
|-----------------------|-----------------|
| Digesti-Pan           | Pro-Enzymes     |
| Land and Sea Minerals | Simply Pancreas |

**E****Endocrine Support, Multi**

- |                     |                       |
|---------------------|-----------------------|
| Intracellular Cough | Le Feminine Advantage |
|---------------------|-----------------------|

**Essential Fatty Acids**

- |                 |                  |
|-----------------|------------------|
| Omega 3/EPA/DHA | Wheat Germ Oil E |
|-----------------|------------------|

**Ear Health**

- |                       |                 |
|-----------------------|-----------------|
| Complete Ear Health   | Vitamin-Mineral |
| Advanced Joint Health |                 |

**Enzomorphogens (EMG)**

- |                  |             |
|------------------|-------------|
| Hypothalamus EMG | Thymus EMG  |
| Pituitary EMG    | Thyroid EMG |
| Spleen EMG       |             |

**Eye Health**

Complete Eye Health  
Vitamin-Mineral  
Green Vegetable  
Alkalizer

**F****Fat Metabolism**

GB Support  
Choline Complex  
Inositol Complex  
Liva DeTox & Support  
Pro-Enzymes

**Female Hormonal Health**

Le Feminine Advantage  
Complete Ear Health  
Libida-Life  
Pituitary EMG  
Simply Mammary  
Simply Ovary  
Simply Uterus  
Vitamin-Mineral  
Vitamin B6, B12, &  
Folate

**Fertility Support, Female**

Simply Ovary  
Libida-Life  
Vitamin-Mineral

**Fertility Support, Male**

Prosta-Power  
Libida-Life  
Simply Orchic  
Vitamin-Mineral

**Folate Supplementation**

Vitamin B6, B12 &  
Folate  
Vitamin-Mineral  
Vitamin-Mineral Shake

**G****Gall Bladder Support**

GB Support  
Beetafood  
Digesti-Pan

**Gluten Free**

All products are gluten-free except these:  
A-C-P Complex  
Beetafood  
Calci-Chew  
Catalyst Complex  
Complex B  
Dento-Gums  
G Complex  
Liver Complex  
Nerve Chex  
Probio-Zyme-YST  
Wheat Germ Oil E

**H****Homocysteine Management**

Vitamin B6, B12, &  
Folate  
B Stress Complex  
GB Support

**Hypothalamus Support**

Simply Hypothalamus  
Anxie-Tone  
Hypothalamus EMG  
Restful Mind Support

**I****Immune Support, Acute**

Thymo-Immune  
C Complex  
Conga-Immune  
Herbal Antioxidant  
Thymus EMG  
Vira-Bac-YST  
Vira-Chron  
Zinc Complex

**Immune Support, Chronic**

Thymo-Immune  
Conga-Immune  
Intracellular Cough  
Simply Spleen  
Thymus EMG  
Vira-Bac-YST  
Vira-Chron

**Immune Support, Gland Specific**

Arginase Bladder  
Cal-Mag Complex  
Cardio-Power  
Complete Ear Health  
Complete Eye Health  
Complete Smell &  
Taste  
High Stress Adrenal  
Hypothalamus EMG  
Parathyroid Plus  
Pituitary EMG  
Restful Mind Support  
Simply Adrenal  
Simply Cardio  
Simply Hypothalamus  
Simply Liver  
Simply Lung  
Simply Mammary  
Simply Orchic  
Simply Ovary  
Simply Pancreas  
Simply Spleen  
Simply Thymus  
Simply Thyroid  
Simply Uterus  
Spleen EMG  
Thymus EMG  
Thyroid EMG  
Uro-Kid Support  
Vegetarian Adrenal  
Vegetarian Thyro

**Inositol Supplementation**

Inositol Complex  
Anxie-Tone  
Vitamin-Mineral  
Vitamin-Mineral Shake

**Iron-Free Multi**

Vitamin &amp; Mineral Shake

**Iron Supplementation**

Hematic Formula

Vitamin-Mineral

**J****Joint Health and Lubrication Support**Advanced Joint Complex  
Cal-Mag ComplexInflam-Enzymes  
Magnesium Complex  
Omega 3 /EPA/DHA**K****Kidney Health**Uro-Kid Support  
A-C-P Complex

Arginase Bladder

**L****Ligament/Tendon Support**Inflam-Enzymes  
Cal-Mag Complex  
Cardio-PowerLiga-Complex  
Magnesium Complex**Liver Health**Liver DeTox & Support  
Aller-Lung Support  
Beetafood  
Choline Complex  
G ComplexGreen Vegetable Alkalizer  
GB Support  
Inositol Complex  
Liver Complex  
Simply Liver**Lung Health**Simply Lung  
Aller-Lung Support

Land and Sea Minerals

**Lymphatic Function**Simply Spleen  
A-C-P Complex  
Aller-Lung Support  
Simply ThymusSpleen EMG  
Thymo-Immune  
Intracellular Cough**M****Male Hormonal Health**Prosta-Power  
Libida-Life

Simply Orchic

**Magnesium Supplementation**Magnesium Complex  
Advanced Joint ComplexCal-Mag Complex  
Inflam-Enzymes  
Parathyroid Plus**Manganese Supplementation**Inflam-Enzymes  
Cal-Mag ComplexVitamin-Mineral  
Vitamin-Mineral Shake**Meal Replacement**

Vitamin &amp; Mineral Shake

**Mental Health**Serious Brain Enhancer  
Anxi-Tone Complex B  
High Stress Adrenal Hypothalamus EMG  
Inositol Complex  
Le Feminine Advantage  
Land and Sea Minerals  
Libida-Life  
Magnesium Complex  
Metabolic Thyro  
Mineral Tran  
Migratrol  
Nerve Chex  
Restful Mind Support  
Simply Hypothalamus  
Simply Orchic  
Vegetarian Tyrosine  
Wheat Germ Oil E**Molybdenum Supplementation**

Vitamin-Mineral

Vitamin-Mineral Shake

**Multivitamin Support**Vitamin-Mineral  
B Stress Complex  
Catalyst ComplexGreen Vegetable Alkalizer  
Vitamin-Mineral Shake**Musculoskeletal Function, Acute**Inflam-Enzymes  
Advanced Joint ComplexMagnesium Complex  
Omega 3 EPA/DHA

**Musculoskeletal Function, Chronic**Cal-Mag Complex  
Advanced Joint ComplexD Complex  
Omega 3 EPA/DHA**N****Nattokinase**

Nattokinase

**Nerve Function**Anxie-Tone  
Choline Complex  
Complex B  
Inositol Complex  
Libida-Life  
Omega 3 EPA/DHARestful Mind Support  
Serious Brain Enhancer  
Simply Hypothalamus  
Vegetarian Tryptophan  
Vegetarian Tyrosine  
Wheat Germ Oil E**O****Omega Acids**

Omega 3/EPA/DHA

Wheat Germ Oil E

**Oxygen Metabolism**Cardio-Power  
C Complex  
Co-Q10 Cardio  
Hematic FormulaHerbal Antioxidant  
Selenium E  
Wheat Germ Oil E**Ovary Health**

Simply Ovary

Le Feminine Advantage

**P****Pancreas Health**Simply Pancreas  
Digesti-PanGluco-Sugar-Balance  
Vitamin-Mineral**pH Balance, Acidifiers**

Digesti-Pan

Arginase Bladder

**pH Balance, Alkalizers**

Green Vegetable Alkalizer

**pH Balance, Normalizers**

Probio-Zyme-YST

**Parathyroid Health**Cal-Mag Complex  
Parathyroid Plus**Phosphorus Supplementation**

Green Vegetable Alkalizer

**Pineal Health**Restful Mind Support  
Vegetarian Tryptophan**Pituitary Health**Pituitary EMG  
Vegetarian ThryoMigratrol  
Restful Mind Support**Placenta Health**

Simply Uterus

**Potassium Supplementation**Green Vegetable  
Alkalizer*All food products  
naturally contain  
potassium***Prenatal Support**Vitamin-Mineral  
Calcium ComplexHematic Formula  
Magnesium Complex**Prenatal Support, Final Month**Simply Uterus  
Vitamin-MineralCalcium Complex  
Magnesium Complex**Protein Shake**

Vitamin-Mineral Shake

**R****Respiratory Function**

Aller-Lung Support      Thymo-Immune  
 Intracellular Cough      Vira-Bac-YST  
 Simply Lung

**S****Selenium Supplementation**

Selenium E      Prosta-Power  
 Cardio-Power      Serious Brain Enhancer  
 Complete Eye Health      Vitamin-Mineral

**Skin and Hair Health**

Vitamin-Mineral      Omega 3/EPA/DHA  
 Green Vegetable      Wheat Germ Oil E  
 Alkalizer      Zinc Complex

**Sleep**

Restful Mind Support      Le Feminine Advantage  
 Pituitary EMG      Magnesium Complex  
 Calcium Complex      Simply Ovary  
 G Complex

**Spinal Support**

Inflam-Enzymes      Cal-Mag Complex  
 Advanced Joint Complex      Magnesium Complex  
 Complex      Omega 3/EPA/DHA

**Spleen Health**

Simply Spleen      Spleen EMG

**Sports Health**

Cardio-Power      Vitamin-Mineral Shake  
 Advanced Joint Complex      Wheat Germ Oil E  
 Complex      Simply Cardio  
 Vitamin-Mineral

**T****Testicular Health**

Simply Orchic      Prosta-Power  
 Libida-Life      Zinc Complex

**Thyroid Health**

Metabolic Thyro      Simply Hypothalamus  
 Green Vegetable      Simply Thyroid  
 Alkalizer      Thyroid EMG  
 Migratrol      Vegetarian Thyro  
 Mineral Tran      Vegetarian Tyrosine  
 Selenium E      Vitamin-Mineral

**U****Uterus Health**

Simply Uterus      Le Feminine Advantage  
 Libida-Life

**V****Vanadium Supplementation**

Gluco-Sugar-Balance      Vitamin-Mineral

**Vegetarian Supplementation**

Aller-Lung Support      Magnesium Complex  
 B Stress Complex      Nattokinase  
 C Complex      Para-Dysbio-Zyme  
 Cal-Mag Complex      Pro-Enzymes  
 Calcium Complex      Probio-Zyme-YST  
 Cholester-Right      Selenium E  
 Choline Complex      Vegetarian Adrenal  
 Co-Q10 Cardio      Vegetarian Thyro  
 D Complex      Vegetarian Tryptophan  
 Detox-N-Cleanse      Vegetarian Tyrosine  
 Gluco-Sugar-Balance      Vira-Bac-YST  
 Green Vegetable      Vira-Chron  
 Alkalizer      Vitamin-Mineral  
 Hematic Formula      Vitamin-Mineral Shake  
 Herbal Antioxidant      Vitamin B6, B12, &  
 Inflam-Enzymes      Folate  
 Inositol Complex      Wheat Germ Oil E  
 Libida-Life      Zinc Complex

**Vitamin A, Alpha & Betacarotene**

Vitamin-Mineral      Vitamin-Mineral Shake

**Vitamin B Family Supplementation**

B Stress Complex      Vitamin-Mineral  
 Anxie-Tone      Vitamin-Mineral Shake  
 Cardio-Power      Vitamin B6, B12, &  
 Complex B      Folate  
 Hematic Formula

**Vitamin C Supplementation**

- |                     |                        |
|---------------------|------------------------|
| C Complex           | Hematic Formula        |
| Advanced Joint      | Herbal Antioxidant     |
| Complex             | High Stress Adrenal    |
| Anxie-Tone          | Serious Brain Enhancer |
| B Stress Complex    | Thymo-Immune           |
| Cal-Mag Complex     | Vitamin-Mineral        |
| Cardio-Power        | Vitamin-Mineral Shake  |
| Complete Eye Health |                        |

**Vitamin D Supplementation**

- |                 |                       |
|-----------------|-----------------------|
| D Complex       | Parathyroid Plus      |
| Advanced Joint  | Vitamin-Mineral       |
| Complex         | Vitamin-Mineral Shake |
| Cal-Mag Complex |                       |

**Vitamin E Supplementation**

- |                     |                       |
|---------------------|-----------------------|
| Selenium E          | Prosta-Power          |
| Cardio-Power        | Vitamin-Mineral       |
| Complete Eye Health | Vitamin-Mineral Shake |
| Herbal Antioxidant  | Wheat Germ Oil E      |

**Vitamin K Supplementation**

- |                 |                 |
|-----------------|-----------------|
| Green Vegetable | Vitamin-Mineral |
| Alkalizer       |                 |

**W****Water Balance**

- |                  |                 |
|------------------|-----------------|
| Arginase Bladder | Uro-Kid Support |
| Green Vegetable  |                 |
| Alkalizer        |                 |

**Weight Management Support**

- |                              |                   |
|------------------------------|-------------------|
| All thyroid support products | Vitamin-Mineral   |
| Gluco-Sugar-Balance          | Vitamin & Mineral |
| Green Vegetable              | Shake             |
| Alkalizer                    |                   |

**Wheat Free**

*All products are wheat-free except Beetafood, Catalyst Complex, Complex B, G Complex, Liver Complex, Nerve Chex, Probio-Zyme-YST and Wheat Germ Oil E*

**Z****Zinc Supplementation**

- |              |                 |
|--------------|-----------------|
| Zinc Complex | Vitamin-Mineral |
|--------------|-----------------|



# PRODUCT

## INGREDIENT/COMPONENT CROSS REFERENCE

The ingredients and components in this list are often in multiple products. The products are simply listed in alphabetical order. Not all products are listed (mainly if the amount was quite low). A component is something that is naturally present in the food, but not necessarily added as a separate ingredient—nor is its presence necessarily tested for.

For example, while products with bovine tracheal cartilage naturally contain chondroitin sulfate and glucosamine sulfate, those items are not extracted out of it in our products.

### A

#### Acerola

A-C-P Complex	Dento-Gums
Advanced Joint Complex	Detox-N-Cleanse
Aller-Lung Support	G Complex
Anxie-Tone	Herbal Antioxidant
Arginase Bladder	High Stress Adreanl
C Complex	Inflam-Enzymes
Cardio-Power	Intracellular Cough
Catalyst Complex	Liga Complex
Cholester Right	Nerve Chex
CoQ10-Cardio	Serious Brain Enhancer
Complete Ear Health	Thymo-Immune
Complete Eye Health	Uro-Kid Support
Complex B	Vegetarian Adrenal
Conga-Immune	Vitamin-Mineral
	Vitamin-Mineral Shake

#### Acidophilus, Non-dairy

Pro-Enzymes	Vitamin-Mineral Shake
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#### Adrenal, Bovine

High Stress Adrenal	Liver Complex
A-C-P Complex	Metabolic Thryo
Catalyst Complex	Migratrol
Complex B	Simply Adrenal (an alternative could be Vegetarian Adrenal)
Dento-Gums	
Liga Complex	

#### African Pygeum

Prosta-Power
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#### Alfalfa

A-C-P Complex	Conga-Immune
Advanced Joint Complex	Green Vegetable Alkalizer
Anxie-Tone	Land & Sea Minerals
Betafood	Metabolic Thryo
Catalyst Complex	Mineral Tran
	Vitamin-Mineral Shake

#### Algae, Brown

Vegetarian Thyro (as laminaria digitata)
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#### Allantonin

G Complex
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#### Almonds

Para-Dysbio-Zyme
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#### Aloe Vera

Advanced Joint Complex
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#### Alpha-Linolenic Acid

Serious Brain Enhancer (in flax)
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#### Alpha Lipoic Acid

Serious Brain Enhancer
------------------------

#### Amygladin

Para-Dysbio-Zyme	Vira-Bac-YST
Serious Brain Enhancer	

#### Amylase

Digesti-Pan	Vitamin-Mineral Shake
Pro-Enzymes	

#### Angelica

Vira-Chron
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#### Aorta, Bovine

Cardio-Power	Intracellular Cough
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**Apple Pectin**

Cholester-Right      Detox-N-Cleanse

**Arginase**

Arginase Bladder      Simply Liver  
Liva DeTox & Support

**Artemesia Annua**

Para-Dysbio-Zyme

**Ashwagandha**

Vegetarian Adrenal

**Astragalus**

Libida-Life

**B****Barley Grass**

Green Vegetable Alkalizer      Vitamin-Mineral Shake

**Beans, Winged**

Vegetarian Tyrosine (as *princess pea*)

**Beet Root**

Beetafood	Liver Complex
Arginase Bladder	Nattokinase
Complex B	Pro-Enzymes
Digesti-Pan	Probio-Zyme-YST
GB Support	Uro-Kid Support
Hematic Formula	Vira-Bac-YST
Liga Complex	Vitamin B6, B12, &
Liva Detox & Support	Folate

**Benfotiamine (in garlic)**

Cardio-Power	Thymo-Immune
Liva DeTox & Support	Uro-Kid Support
Para-Dysbio-Zyme	

**Berberine**

Gluco-Sugar-Balance

**Betacarotene**

Complete Eye Health	Herbal Antioxidant
A-C-P Complex	Liga Complex
Beetafood	Vitamin-Mineral
Catalyst Complex	Vitamin-Mineral Shake

**Beta-Glucans**

Cholester-Right      Complete Eye Health

**Betaine HCL**

Digesti-Pan	Liver Complex
Calcium Lactate +	Nerve Chex
G Complex	

**Beta-Sitosterol**

Prosta-Power (in saw palmetto)

**Bilberry Berries**

Complete Eye Health      Biofilm Detox

**Bile, Bovine**

GB Support

**Bioflavonoids**

Advanced Joint Complex	Conga-Immune
Aller-Lung Support	DeTox-N-Cleanse
Anxie-Tone	Hematic Formula
Arginase Bladder	Herbal Antioxidant
B Stress Complex	High Stress Adrenal
C Complex	Inflam-Enzymes
Cal-Mag Complex	Intracellular Cough
Cardio-Power	Serious Brain Enhancer
Complete Eye Health	Thymo-Immune
CoQ10-Cardio	Vegetarian Adrenal
	Vitamin-Mineral

**Biotin, Food**

Anxie-Tone	Vitamin-Mineral
B Stress Complex	Vitamin-Mineral Shake

**Bitter Citrus**

Aller-Lung Support

**Bitter Melon**

Gluco-Sugar-Balance

**Black Cohosh**

Le Feminine Advantage

**Black Walnut**

Para-Dysbio-Zyme      Biofilm Detox

**Bladderwrack**

A-C-P Complex	Arginase Bladder
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**Bone Marrow**

Conga-Immune	Dento-Gums
A-C-P Complex	Liga Complex
Calci-Chew	Liver Complex

**Bone Meal**

A-C-P Complex	Dento-Gums
Calci-Chew	Liga Complex
Catalyst Complex	Liver Complex

**Borage Seeds**

Advanced Joint Complex	Migratrol
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**Boron, Food**

Advanced Joint Complex	Vitamin-Mineral
Cal-Mag Complex	Vitamin-Mineral Shake

**Brain, Bovine**

Serious Brain Enhancer	Nerve Chex
G Complex	

**Brazilian Peppertree Bark**

Thymo-Immune	
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**Broccoli**

Complete Eye Health	Metabolic Thyro
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**Bromelain**

Aller-Lung Support	Intracellular Cough
Inflam-Enzymes	Para-Dysbio-Zyme

**Bromine, Food (in kelp)**

Metabolic Thyro	Vegetarian Thyro
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**Buckwheat Grass**

Arginase Bladder	Uro-Kid Support
Conga-Immune	Vira-Bac-YST

**Bupleurum**

Vira-Chron	
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**Burdock**

Advanced Joint Complex	Para-Dysbio-Zyme
Metabolic Thyro	Vegetarian Thyro

**C****Cabbage**

Probio-Zyme-YST	
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**Calcium, Food**

Advanced Joint Complex	Dento-Gums
Catalyst Complex	G Complex
Beetafood	Inflam-Enzymes
Cal-Mag Complex	Liga Complex
Calci-Chew	Liver Complex
Calcium Lactate + Calcium Complex	Mineral Tran
	Nerve Chex
	Parathyroid Plus

**Caprylic Acid**

Probio-Zyme-YST	
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**Caraway**

Pro-Enzymes	
-------------	--

**Carbamide**

Liga-Complex	
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**Carob**

Vegetarian Adrenal	
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**Carrots**

Arginase Bladder	Intracellular Cough
A-C-P Complex	Liga Complex
Beetafood	Liver Complex
Catalyst Complex	Para-Dysbio-Zyme
Complex B	Thymo-Immune
Calci-Chew	Uro-Kid Support
Complete Eye Health	Vegetarian Thyro
Conga-Immune	Vitamin-Mineral
Dento-Gums	Vitamin-Mineral Shake
GB Support	

**Cartilage, Bovine**

Advanced Joint Complex	Dento-Gums
Calci-Chew	Liga Complex

**Cayenne Fruit**

Advanced Joint Complex	
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**Cellulase**

Biofilm Detox	Pro-Enzymes
Green Vegetable Alkalizer	Probio-Zyme-YST
Para-Dysbio-Zyme	Vitamin-Mineral Shake

**Celery**Green Vegetable  
Alkalizer

Vitamin-Mineral Shake

**Chaste Tree Berries**

Le Feminine Advantage

**Chinese Thoroughwax**

Complete Ear Health

**Chlorella**

Detox-N-Cleanse

**Chlorophyll (in green plants)**Cal-Mag Complex  
Detox-N-Cleanse  
Vira-Bac-YSTGreen Vegetable  
Alkalizer  
Vitamin-Mineral**Choline**Anxie-Tone  
B Stress Complex  
Complex B  
Choline Complex  
G ComplexHigh Stress Adrenal  
Liver Complex  
Serious Brain  
Enhancer  
Vitamin-Mineral**Chondroitin Sulfate (in trachea)**Advanced Joint  
Complex  
Complete Eye HealthSerious Brain  
Enhancer**Chromium GTF, Food**Gluco-Sugar-Balance  
Land & Sea Minerals  
Metabolic ThyoMigratrol  
Vitamin-Mineral  
Vitamin-Mineral Shake**Cilantro**

Detox-N-Cleanse

**Cinnamon**Gluco-Sugar-Balance  
Probio-Zyme-YST

Vitamin-Mineral Shake

**Citrus Fruits**C Complex  
Cal-Mag Complex  
Cholester-RightHematic Formula  
High Stress Adrenal**Citrus Seed Extract**

Para-Dysbio-Zyme

Probio-Zyme-YST

**Clove**

Para-Dysbio-Zyme

Probio-Zyme-YST

**Co-Enzyme Q-10**CoQ10-Cardio  
Complete Ear Health

Simply Cardio

**Cod Liver Oil**Complete Eye Health  
Liver Complex**Collagen**Advanced Joint  
Complex  
Complete Eye HealthLiga Complex  
Serious Brain  
Enhancer**Collinsonia Root**Anxie-Tone  
Detox-N-Cleanse  
Hypothalamus EMG  
GB SupportPituitary EMG  
Spleen EMG  
Thymus EMG  
Thyroid EMG**Copper, Food**Liver Complex  
Vitamin-Mineral

Vitamin-Mineral Shake

**Coptis**

Vira-Chron

**Cordyceps**

Catalyst Complex

**Corn Silk**Serious Brain Enhancer  
Uro-Kid Support

**D****Damiana**

Prosta-Power

**Dandelion**

Uro-Kid Support

**Date**

Calci-Chew

**Deoxyribonucleic Acid**

Serious Brain Enhancer

**Devil's Claw**

Advanced Joint Complex

**DHEA (in bovine adrenals)**High Stress Adrenal  
Metabolic ThyoMigratrol  
Simply Adrenal**Diindolylmethane (in broccoli)**

Complete Eye Health

Metabolic Thyo

**Dong Quai Root**

Migratrol

Vegetarian Thyo

**E****Ear, Fish**

Complete Ear Health

**Echinacea Root**Conga-Immune  
A-C-P ComplexBiofilm Detox  
Thymo-Immune**Elderberry**

Intracellular Cough

**Eleuthero Root**Herbal Antioxidant  
High Stress AdrenalSerious Brain Enhancer  
Thymo-Immune**Endopeptidase/Exopeptidase**

Biofilm Detox

**Endothelium/Epithelium**Advanced Joint  
ComplexSerious Brain  
Enhancer**Enzymes, Digestive**Aller-Lung Support  
Digesti-Pan  
Inflam-Enzymes  
Para-Dysbio-ZymeProbio-Zyme-YST  
Pro-Enzymes  
Vitamin-Mineral Shake**Essential Fatty Acids**Complete Eye Health  
Migratrol  
Omega 3/EPA/DHASerious Brain Enhancer  
Wheat Germ Oil E**Eye, Fish**

Complete Eye Health

**Eyebright**

Complete Eye Health

**F****Fenugreek**

Aller-Lung-Support

Gluco-Sugar-Balance

**Feverfew Leaves**

Migratrol

**Fiber**Calcium Complex  
Hematic Formula  
Magnesium Complex  
Pro-EnzymesVitamin B-6, B-12, &  
Folate  
Vitamin-Mineral Shake

**Figs**

Para-Dysbio-Zyme

**Fish Oil, Herring**

Omega 3/EPA/DHA

**Flavonoids**

Advanced Joint Complex  
Anxie-Tone  
B Stress Complex  
C Complex  
Cal-Mag Complex  
Cardio-Power

Complete Eye Health  
Hematic Formula  
Herbal Antioxidant  
High Stress Adrenal  
Serious Brain Enhancer  
Thymo-Immune  
Vitamin-Mineral

**Flaxseeds**

Beetafood  
Le Feminine Advantage  
Liga Complex  
Liver Complex

Migratrol  
Prosta-Power  
Serious Brain Enhancer

**Folate, Food (Vitamin B9)**

Anxie-Tone  
B Stress Complex  
Cardio-Power  
Hematic Formula  
High Stress Adrenal  
Serious Brain Enhancer

Vegetarian Adrenal  
Vegetarian Thryo  
Vitamin-Mineral  
Vitamin-Mineral Shake  
Vitamin B-6, B-12, & Folate

**Folic Acid**

No FOOD product supplies folic acid as it is not food. Foods supply folate as vitamin B9 source.

**Forsythia**

Vira-Chron

**French Lilac**

Gluco-Sugar-Balance

**Gamma Linolenic Acid**

Migratrol

Wheat Germ Oil E

**Gardenia**

Vira-Chron

**Garlic**

Biofilm Detox  
Cardio-Power  
Cholester-Right  
Conga-Immune  
CoQ10-Cardio  
Detox-N-Cleanse

Liva DeTox & Support  
Para-Dysbio-Zyme  
Probio-Zyme-YST  
Thymo-Immune  
Uro-Kid Support

**Gelatin. Bovine**

Omega 3/EPA/DHA

**Gentian Root**

Pro-Enzymes

**Ginger Root**

Cholester-Right  
Digesti-Pan

Herbal Antioxidant

**Ginkgo Biloba**

Anxie-Tone  
Complete Ear Health

Complete Eye Health  
Herbal Antioxidant

**Glandulars, Cytotrophins**

A-C-P Complex  
Advanced Joint Complex  
Anxie-Tone  
Arginase Bladder  
Cardio-Power  
Complete Ear Health  
Complete Eye Health  
Digesti-Pan  
GB Support  
High Stress Adrenal  
Intracellular Cough  
Le Feminine Advantage  
Liva DeTox & Support  
Metabolic Thryo  
Migratrol  
Parathyroid Plus  
Prosta Power

Restful Mind Support  
Serious Brain Enhancer  
Simple Adrenal  
Simply Cardio  
Simply Hypothalamus  
Simply Liver  
Simply Lung  
Simply Mammary  
Simply Orchic  
Simply Ovary  
Simply Pancreas  
Simply Spleen  
Simply Thymus  
Simply Thyroid  
Simply Uterus  
Thymo Immune  
Uro-Kid Support

**G****Glandulars, Enzomorphogens**

Hypothalamus EMG  
Liver Complex  
Pituitary EMG

Spleen EMG  
Thymus EMG  
Thyroid EMG

**Glucoamylase**

Biofilm Detox  
Digesti-Pan

Pro-Enzymes

**Glucosamine Sulfate (in trachea)**

Advanced Joint Complex

Complete Eye Health  
Serious Brain Enhancer

**Glycerthiza**

Vira-Chron

**Goat's Rue**

Gluco-Sugar-Balance

**Goldenseal**

Biofilm Detox  
Para-Dysbio-Zyme

Thymo-Immune

**Grape Seed/Skin Extract**

Advanced Joint Complex  
Biofilm Detox

Libida-Life  
Serious Brain Enhancer

**Grapefruit Seed Extract**

Para-Dysbio-Zyme

Probio-Zyme-YST

**Grapes**

Vitamin-Mineral Shake

**Guar Gum**

Metabolic Thyro

**Guggul Gum**

Cholester-Right

**Gymnema Sylvestre**

Gluco-Sugar-Balance

H

**Haddock, Fish**

Complete Eye Health

Complete Ear Health

**Hawthorn**

Cardio-Power  
Cholester-Right

CoQ10-Cardio

**Heart, Bovine**

Cardio-Power  
Intracellular Cough  
Liga Complex

Liver Complex  
Simply Cardio

**Heartsease**

Probio-Zyme-YST

**Hemicellulase**

Biofilm Detox

**Hemp**

Vitamin-Mineral Shake

**Honey**

Calci-Chew

Dento-Gums

**Horsetail Herb**

Advanced Joint Complex

Cal-Mag Complex

**Hydrochloric Acid**

Digesti-Pan

**Hypothalamus, Bovine**

Anxie-Tone

High Stress Adrenal

Hypothalamus EMG

Intracellular Cough

Nerve Chex

Restful Mind Support

Simply Hypothalamus

**Icelandic Moss**

Liga Complex

Liver Complex

Probio-Zyme-YST

**Indole-3-Carbinol (in broccoli)**

Complete Eye Health

Metabolic Thyro

**Inositol, Food**

Anxie-Tone	Liga Complex
B Stress Complex	Serious Brain
Complex B	Enhancer
High Stress Adrenal	Vitamin-Mineral
Inositol Complex	

**Invertase**

Digesti-Pan	Green Vegetable
Pro-Enzymes	Alkalizer

**Iodine, Food**

Beetafood	Vegetarian Thyo
Liver Complex	Vitamin-Mineral
Metabolic Thyo	Vitamin-Mineral Shake

**Irish Moss**

Arginase Bladder	Vegetarian Thyo
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**Iron, Food**

Hematic Formula	Vitamin-Mineral
Liver Complex	Vitamin-Mineral Shake

**Isoflavones (in red clover)**

Le Feminine Advantage
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**J****Jerusalem Artichoke**

Probio-Zyme-YST
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**Juniper Berries**

Intracellular Cough
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**K****Kelp/Sea Vegetables**

Anxie-Tone	Mineral Tran
Cholester-Right	Nerve Chex
High Stress Adrenal	Vegetarian Adrenal
Land & Sea Minerals	Vegetarian Thyo
Metabolic Thyo	

**Kidney, Bovine**

Arginase Bladder	Liga Complex
Beetafood	Liver Complex
Catalyst Complex	Uro-Kid Support

**Korean Red Ginseng**

Prosta-Power
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**L****L-Arginase**

Arginase Bladder
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**L-Arginine**

Libida-Life
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**L-Carnitine**

Serious Brain Enhancer
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**L-Carnosine**

Serious Brain Enhancer
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**L-Cysteine**

Cysteine is naturally in all products that contain glandulars, as well as those with *Saccharomyces cerevisiae*.

**L-Glutamine**

Glutamine is found in all glandular products.
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**L-Methionine**

Detox-N-Cleanse (in sesame seeds), Serious Brain Enhancer	<i>L-Methionine is also found in all glandular products.</i>
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**L-Ornithine**

Libida-Life
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**L-Phenylalanine**

Vegetarian Tyrosine and all glandular containing products.
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**L-Serine**

Vegetarian Adrenal

**L-Tryptophan**Restful Mind Support  
Vegetarian Tryptophan*and all glandular  
containing products***L-Tyrosine**Anxie-Tone  
High Stress Adrenal  
Metabolic Thyro  
Serious Brain EnhancerVegetarian Adrenal  
Vegetarian Thryo  
Vegetarian Tyrosine**Lactase**Digesti-Pan  
Green Vegetable AlkalizerPro-Enzymes  
Vitamin-Mineral Shake**Lactobacilli**Pro-Enzymes  
Probio-Zyme-YST

Vitamin-Mineral Shake

**Lactobacillus acidophilus**

Probio-Zyme-YST

**Lactobacillus bifidus**

Probio-Zyme-YST

**Lactobacillus Bulgaricus (Biogurt)**Catalyst Complex  
Mineral TranParathyroid Plus  
Probio-Zyme-Yst**Lactobacillus casei**

Probio-Zyme-YST

**Lactose**

Probio-Zyme-YST

**Lecithin, Soy**A-C-P Complex  
Beetafood  
Catalyst Complex  
Complex BG Complex  
Intracellular Cough  
Liga Complex  
Serious Brain Enhancer**Lemon Balm**

Restful Mind Support

**Licorice Root**

Dento-Gums

**Linseed**

See Flaxseed

**Lipase**Digesti-Pan  
Para-Dysbio-ZymePro-Enzymes  
Vitamin-Mineral Shake**Lipoic Acid**

Serious Brain Enhancer

**Liver, Bovine**Arginase Bladder  
Beetafood  
Cardio-Power  
Catalyst Complex  
Complex B  
Complete Smell &  
Taste  
Conga-Immune  
G Complex  
GB SupportIntracellular Cough  
Liga Complex  
Liva DeTox & Support  
Liver Complex  
Metabolic Thyro  
Migratrol  
Nerve Chex  
Thymo-Immune  
Simply Liver  
Uro-Kid Support**Lonicera**

Vira-Chron

**Lung**

Simply Lung

**Lutein**

Complete Eye Health

**Lycopene**

Complete Eye Health      Vegetarian Adrenal

**Lymph, Bovine**

Conga-Immune

Intracellular Cough

**Lysozyme**

Biofilm Detox

**M****Maca**

Libida-Life

Prosta-Power

**Magnesium, Food**Advanced Joint Complex  
Beetafood  
Cal-Mag Complex  
Calcium Lactate +  
Catalyst Complex  
Complete Smell & TasteInfam-Enzymes  
Liver Complex  
Magnesium Complex  
Migratrol  
Mineral Tran  
Nerve Chex  
Parathyroid Plus  
Pro-Enzymes**Magnolia**

Vira-Chron

**Maitaki Mushroom**

A-C-P Complex

Catalyst Complex

**Maltase**

Green Vegetable Alkalizer

Vitamin-Mineral Shake

**Mammary, Bovine**

Simply Mammary

**Manganese, Food**Cal-Mag Complex  
Complex B  
Inflam-Enzymes  
Liga ComplexNerve Chex  
Pro-Enzymes  
Vitamin-Mineral  
Vitamin-Mineral Shake**Medulla, Bovine**

Serious Brain Enhancer

**Milk Thistle**Beetafood  
Herbal AntioxidantLibida-Life  
Liva DeTox & Support**Modified Citrus Pectin**

Detox-N-Cleanse

**Molybdenum, Food**

Vitamin-Mineral

Vitamin-Mineral Shake

**Monosaccharides, Essential All**

Metabolic Thryo

**Moutan**

Vira-Chron

**Muira-Puama**

Prosta-Power

**N****N-Acetyl-L-Cysteine**

Complete Ear Health

Gluco-Sugar-Balance

**Nattokinase**

Nattokinase

**Neem Oil**

Dento-Gums

**Nettle Leaf**

Aller-Lung Support

**Niacinamide, Food**

Anxie-Tone	Liver Complex
B Stress Complex	Migratrol
Complex B	Nerve Chex
G Complex	Vitamin-Mineral
High Stress Adrenal	Vitamin-Mineral Shake

**Nutritional Yeast**

A-C-P Complex	Complex B
Beetafood	G Complex
Catalyst Complex	Liga Complex

**O****Okra (fruit)**

Digesti-Pan

**Olive Leaf**

Probio-Zyme-YST	Vira-Chron
Vira-Bac-YST	

**Omega-3**

Complete Eye Health	Omega 3/ EPA/ DHA
Le Feminine Advantage	Serious Brain Enhancer

**Omega-6**

Complete Eye Health	Serious Brain Enhancer
Le Feminine Advantage	Wheat Germ Oil E

**Orange, Fruit**

C Complex	Vitamin-Mineral
Hematic Formula	

**Orchic, Bovine**

Beetafood	Prosta-Power
Liver Complex	Simply Orchic
Nerve Chex	

**Oregano, Wild**

Biofilm Detox	Vira-Bac-YST
Probio-Zyme-YST	Vira-Chron

**Oregano Oil, Wild**

Probio-Zyme-YST

**P****Pancreas, Ovine or Bovine**

Digesti-Pan	Enhancer
Complex B	Simply Pancreas
Serious Brain	Uro-Kid Support

**Pantothenate, Food**

Anxie-Tone	Vegetarian Adrenal
B Stress Complex,	Vitamin-Mineral
High Stress Adrenal	Vitamin-Mineral Shake

**Papain**

Inflam-Enzymes

**Para-Amino Benzoic Acid (PABA)**

Complex B	Liga Complex
G Complex	Nerve Chex

**Parathyroid, Bovine**

Intracellular Cough Parathyroid Plus

**Parotid, Bovine**

Anxie-Tone	Restful Mind Support
Complete Smell & Taste	Thymo-Immune

**Parsley Leaf**

Green Vegetable Alkalizer	Mineral Tran
Catalyst Complex	Vitamin Mineral Shake

**Passion Fruit**

Anxie-Tone Intracellular Cough

**Pectinase**

Biofilm Detox

**Pea**

Arginase Bladder      Vegetarian Tyrosine

**Peppermint/Peppermint Leaf**

Calcium Lactate +      Vitamin-Mineral Shake

**Peptidase**

Biofilm Detox

**Pepsin**

Digesti-Pan

**Phellodendron**

Vira-Chron

**Phosphorus, Food**

All FOOD products contain phosphorus.

**Pineal, Ovine or Bovine**

Intracellular Cough      Restful Mind Support

**Pituitary, Bovine**

Intracellular Cough      Restful Mind Support  
Metabolic Thyro      Serious Brain  
Migratrol      Enhancer  
Pituitary EMG

**Policosanol**

Cholester-Right

**Polysaccharides, Plant**

Metabolic Thyro

**Pomegranate**

Cholester-Right

**Potassium, Food**

*All Food products contain potassium, but highest percentage is probably Green Vegetable Alkalizer.*

**Princess Pea**

Vegetarian Tyrosine

**Syllium**

Probio-Zyme-YST

**Proanthocyanidins**

Advanced Joint Complex      Serious Brain Enhancer

**Probiotics**

Pro-Enzymes      Vitamin-Mineral Shake  
Probio-Zyme-YST

**Prostate, Bovine**

Prosta-Power      Liver Complex  
Beetafood

**Proteolytic Enzymes/Protease**

Biofilm Detox      Inflam-Enzymes  
Digesti-Pan      Pro-Enzymes  
Green Vegetable      Para-Dysbio-Zyme  
Alkalizer      Vitamin-Mineral Shake

**Pumpkin Seeds**

Zinc Complex

**Q****Quercitin**

Aller-Lung Support

**R****Red Beet and/or Beet Leaf**

Arginase Bladder      Liva DeTox & Support  
Beetafood      Pro-Enzymes  
Digesti-Pan      Probio-Zyme-YST  
GB Support      Uro-Kid Support

**Red Clover**

Le Feminine Advantage

**Resveratrol**

Libida-Life

**Ribonucleic Acid (RNA)**

Liga Complex

Serious Brain Enhancer

**Riboflavin, Food**Anxie-Tone  
B Stress Complex  
Catalyst Complex  
G ComplexHigh Stress Adrenal  
Liver Complex  
Migratrol  
Vitamin-Mineral**Rice Bran**Anxie-Tone  
A-C-P Complex  
Arginase Bladder  
B Stress Complex  
Calci-Chew  
Catalyst Complex  
Cholester-Right  
Complete Eye Health  
Complex BConga-Immune  
CoQ10-Cardio  
Dento-Gums  
Intracellular Cough  
Liga Complex  
Selenium E  
Vegetarian Adrenal  
Vitamin-Mineral  
Vitamin-Mineral Shake**Rosemary Leaf**

Complete Eye Health

Herbal Antioxidant

**Rutin (in buckwheat)**Arginase Bladder  
Conga-ImmuneUro-Kid Support  
Vira-Bac-YST**S****Saccharomyces Boulardii**

Probio-Zyme-YST

**Saccharomyces Cerevisiae**

Advanced Joint Complex	Inositol Complex
Anxie-Tone	Libida-Life
B Stress Complex	Magnesium Complex
Cal-Mag Complex	Metabolic Thryo
Calcium Complex	Migratrol
Cardio-Power	Prosta-Power
Complete Ear Health	Selenium E
Complete Eye Health	Serious Brain Enhancer
Complete Smell & Taste	Thymo-Immune
Conga-Immune	Uro-Kid Support
Digesti-Pan	Vegetarian Adrenal
D Complex	Vegetarian Thryo
Choline Complex	Vitamin-Mineral
Gluco-Sugar-Balance	Vitamin & Mineral Shake
Hematic Formula	Vitamin B-6, B-12, & Folate
Herbal Antioxidant	Zinc Complex
High Stress Adrenal	
Inflam-Enzymes	

**Saw Palmetto**

Prosta-Power

**Schisandra Fruit**

Herbal Antioxidant

**Scullcap**

Metabolic Thryo

**Selenium, Food**

Cardio-Power	Prosta-Power
Complete Eye Health	Selenium E
Herbal Antioxidant	Serious Brain Enhancer
LeFeminine Advantage	Vitamin-Mineral
Libida-Life	Vitamin-Mineral Shake

**Serrapeptase**

Inflam-Enzymes	Biofilm Detox
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**Sesame Seeds**

Detox-N-Cleanse
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**Shiitake Mushroom**

Conga-Immune	D Complex
Biofilm Detox	Liga Complex
Catalyst Complex	

**Siberian Ginseng (Eleuthero Root)**

Herbal Antioxidant	Serious Brain
High Stress Adrenal	Enhancer
Thymo-Immune	

**Silicon, Food**

Advanced Joint	Vitamin-Mineral
Complex	Vitamin-Mineral Shake
Cal-Mag Complex	

**Silymarin (in milk thistle)**

Herbal Antioxidant	Liva DeTox & Support
Libida-Life	

**Slippery Elm**

Detox-N-Cleanse
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**Sodium, Food (in kelp)**

Anxie-Tone	Vegetarian Adrenal
Cholester-Right	Vegetarian Thyro
High Stress Adrenal	Vitamin-Mineral Shake
Metabolic Thyro	

**Soy**

Beetafood	Complex B
Catalyst Complex	

**Spanish Black Radish**

Liver Complex
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**Spinach**

Cal-Mag Complex	Magnesium Complex
Calcium Complex	Vitamin-Mineral Shake
Green Vegetable Alkalizer	

**Spirulina**

Green Vegetable Alkalizer	Vitamin-Mineral Shake
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**Spleen, Bovine**

Calcium Lactate +	Liga Complex
Catalyst Complex	Liver Complex
Conga-Immune	Liva DeTox & Support
Dento-Gums	Nerve Chex
Digesti-Pan	Simply Spleen
G Complex	Spleen EMG
Intracellular Cough	Thymo-Immune

**Stevia**

Vitamin-Mineral Shake
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**Stinging Nettles**

Aller-Lung Support	Vira-Chron
Prosta-Power	

**Suma**

Prosta-Power
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**Superoxide Dismutase (SOD)**

Advanced Joint	Inflam-Enzymes
Complex	Inositol Complex
Anxie-Tone	Libida-Life
B Stress Complex	Magnesium Complex
Cal-Mag Complex	Metabolic Thyro
Calcium Complex	Migratrol
Cardio-Power	Prosta-Power
Complete Ear Health	Selenium E
Complete Eye Health	Serious Brain Enhancer
Complete Smell & Taste	Thymo-Immune
Conga-Immune	Uro-Kid Support
Digesti-Pan	Vegetarian Adrenal
D Complex	Vegetarian Thyro
Choline Complex	Vitamin-Mineral
Gluco-Sugar-Balance	Vitamin & Mineral Shake
Hematic Formula	Vitamin B-6, B-12, &
Herbal Antioxidant	Folate
High Stress Adrenal	Zinc Complex

**Sweet Potato**

Dento-Gums

**T****Thiamin, Food**Anxie-Tone  
B Stress Complex  
Catalyst ComplexComplex B  
High Stress Adrenal  
Vitamin-Mineral**Thyme**

Aller-Lung Support

**Thymus, Bovine**Anxie-Tone  
Complete Ear Health  
Conga-Immune  
Intracellular CoughSimply Thymus  
Thymo-Immune  
Thymus EMG**Thyroid, Bovine**Intracellular Cough  
Metabolic Thyro  
MigratrolSimply Thyroid  
Thyroid EMG**Tillandsia**

Complete Ear Health

Intracellular Cough

**Tomatoes**

Complete Eye Health

Vegetarian Adrenal

**Trachea, Bovine**Advanced Joint Complex  
Complete Eye HealthIntracellular Cough  
Serious Brain Enhancer**Turmeric Root**Cholester-Right  
Herbal Antioxidant

Prosta-Power

**U****Ubiquinone**

Co-Q10 Cardio

Vitamin-Mineral

**Uña De Gato**

Uro-Kid Support

**Uterus, Bovine**

Le Feminine Advantage      Simply Uterus

**Uva Ursi**

Intracellular Cough

**V****Vanadium, Food**

Gluco-Sugar-Balance      Vitamin-Mineral

**Vanilla**

Vitamin-Mineral Shake

**Vitamin A, Alpha/Betacarotene**Beetafood  
Catalyst Complex  
Complete Eye Health  
Herbal AntioxidantLiga Complex  
Liver Complex  
Vitamin-Mineral  
Vitamin-Mineral Shake**Vitamin B Complex**Anxie-Tone  
B Stress Complex  
Complex BHigh Stress Adrenal  
Vitamin-Mineral  
Vitamin-Mineral Shake**Vitamin B-1 (Thiamin), Food**Anxie-Tone  
B Stress Complex  
Catalyst Complex  
Complex BHigh Stress Adrenal  
Vitamin-Mineral  
Vitamin-Mineral Shake**Vitamin B-2 (Riboflavin), Food**Anxie-Tone  
B Stress Complex  
Catalyst Complex  
G Complex  
High Stress AdrenalLiver Complex  
Migratrol  
Vitamin-Mineral  
Vitamin-Mineral Shake

**Vitamin B-3 (Niacinamide), Food**

Anxie-Tone	Migratrol
B Stress Complex	Nerve Chex
Complex B	Vitamin-Mineral
G Complex	Vitamin-Mineral Shake
High Stress Adrenal	

**Vitamin B-5 (Pantothenate), Food**

Anxie-Tone	Vegetarian Adrenal
B Stress Complex	Vitamin-Mineral
High Stress Adrenal	Vitamin-Mineral Shake

**Vitamin B-6, Food**

Anxie-Tone	Liver Complex
B Stress Complex	Nerve Chex
Beetafood	Serious Brain Enhancer
Cardio-Power	Vegetarian Adrenal
Catalyst Complex	Vegetarian Thryo
Complex B	Vitamin-Mineral
G Complex	Vitamin-Mineral Shake
Hematic Formula	Vitamin B-6, B-12, & Folate
High Stress Adrenal	

**Vitamin B-12, Food**

Anxie-Tone	Nerve Chex
B Stress Complex	Serious Brain Enhancer
Cardio-Power	Vegetarian Adrenal
Complex B	Vegetarian Thryo
G Complex	Vitamin-Mineral
Hematic Formula	Vitamin-Mineral Shake
High Stress Adrenal	Vitamin B-6, B-12, & Folate
Liga Complex	

**Vitamin "B-17"**

Para-Dysbio-Zyme	Vira-Bac-YST
Serious Brain Enhancer	

**Vitamin C, Food**

A-C-P Complex	Dento-Gums
Aller-Lung Support	Detox-N-Cleanse
Advanced Joint Complex	Hematic Formula
Anxie-Tone	Herbal Antioxidant
Arginase Bladder	High Stress Adrenal
C Complex	Intracellular Cough
Cal-Mag Complex	Inflam-Enzymes
Cardio-Power	Liga Complexc
Catalyst Complex	Nerve Chex
Complete Ear Health	Serious Brain Enhancer
Complete Eye Health	Thymo-Immune
Complex B	Vegetarian Adrenal
CoQ10-Cardio	Vitamin-Mineral
Conga-Immune	Vitamin-Mineral Shake
	Uro-Kid Support

**Vitamin D, Food**

Advanced Joint Complex	Liga Complex
Cal-Mag Complex	Parathyroid Plus
Catalyst Complex	Vitamin-Mineral,
D Complex	Vitamin-Mineral Shake

**Vitamin E, Food**

A-C-P Complex	Liver Complex
Beetafood	Omega 3/EPA/DHA
Cardio-Power	Prosta-Power
Complete Eye Health	Selenium E
Complex B	Vitamin-Mineral
Herbal Antioxidant	Vitamin-Mineral Shake
Liga Complex	

**Vitamin "F"**

Complete Eye Health	Serious Brain
Migratrol	Enhancer
Omega 3/EPA/DHA	Wheat Germ Oil E

**Vitamin "G" (Riboflavin)**

Anxie-Tone	Liver Complex
B Stress Complex	Migratrol
Catalyst Complex	Vitamin-Mineral
G Complex	Vitamin-Mineral Shake
High Stress Adrenal	

**Vitamin "H" (Biotin)**

Anxie-Tone	Vitamin-Mineral
B Stress Complex	Vitamin-Mineral Shake

**Vitamin K, Food**

Cal-Mag Complex	Vitamin-Mineral
Green Vegetable	Vitamin-Mineral
Alkalizer	Shake

**Vitamin "P" (Bioflavonoids)**

Advanced Joint Complex	DeTox-N-Cleanse
Aller-Lung Support	Hematic Formula
Anxie-Tone	Herbal Antioxidant
Arginase Bladder	High Stress Adrenal
B Stress Complex	Inflam-Enzymes
C Complex	Intracellular Cough
Cal-Mag Complex	Serious Brain Enhancer
Cardio-Power	Thymo-Immune
Complete Eye Health	Vegetarian Adrenal
CoQ10-Cardio	Vitamin-Mineral
Conga-Immune	

**Vitex**

Vira-Chron

**W****Watercress**

Green Vegetable Alkalizer

Vitamin-Mineral Shake

**Wheat Germ**

Probio-Zyme-YST

**Wheat Germ, defatted**A-C-P Complex  
Betafood  
Calci-Chew  
Catalyst Complex  
Complex BDento-Gums  
G Complex  
Liga Complex  
Liver Complex  
Nerve Chex**Wheatgrass**A-C-P Complex  
Catalyst Complex  
Detox-N-CleanseGreen Vegetable Alkalizer  
Liga Complex  
Vitamin-Mineral Shake**Winged Bean**

Vegetarian Tyrosine

**Wild Yam Root**

Le Feminine Advantage

**Wolfberries**

Complete Eye Health

**Wormwood**

Para-Dysbio-Zyme

**X****Xanthium**

Vira-Chron

**Y****Yucca**

Advanced Joint Complex

**Z****Zeaxanthin**

Complete Eye Health

**Zinc**Advanced Joint Complex  
Calci-Chew  
Complete Eye Health  
Conga-Immune  
Dento-Gums  
Herbal Antioxidant  
High Stress Adrenal  
Libida-Life  
Liver Complex  
Prosta-Power  
Vegetarian Thyro  
Vitamin-Mineral  
Vitamin-Mineral Shake  
Zinc Complex

# Standard Process & MediHerb – Doctors Research

## *List of Product Equivalents*

No two products are identical if made by different manufacturers and some are more “equivalent” than others. Also, companies tend to use different ingredients (Standard Process Laboratories sometimes uses porcine glandulars, USP vitamins, claimed mineral salts, and/or colors, whereas none of these are in Food Research International products). It should be noted that Standard Process uses its trademarked term “Protomorphogen” (which it abbreviates PMG) for some items and Food Research International uses the terms Cytotrophin (the original term that Royal Lee received his patents with, but that Food Research International has permission to use) and Enzomorphogens (EMG), for some similar items.

As a general rule, products listed below as “vegetarian” can take longer to notice efficacy in some cases than those with glandulars.

<b>Standard Process (*)</b>	<b>Doctors Research</b>	<b>Doctors Research Vegetarian</b>
AC Carbamide	Uro-Kid Support	Green Vegetable Alkalizer
Adrenal, Desiccated	Simply Adrenal	Vegetarian Adrenal
AF Betafood	Beetafood	Pro-Enzymes
Albaplex	Uro-Kid Support	Green Vegetable Alkalizer
Allerplex	Aller-Lung Support	Aller-Lung Support
Antronex	Aller-Lung Support, Simply Liver	Aller-Lung Support
Arginex	Arginase Bladder	Green Vegetable Alkalizer
B6 - Niacinamide	B Stress Complex	B Stress Complex
Betacol	GB Support	Pro-Enzymes
Betafood	GB Support	Pro-Enzymes
Betaine Hydrochloride	Digesti-Pan	Pro-Enzymes
Bident	<sup>1</sup> Cal-Mag Complex	Cal-Mag Complex
Biost	<sup>1</sup> Cal-Mag Complex, Conga-Immune	Cal-Mag Complex
Calcifood	<sup>2</sup> Cal-Mag Complex	Cal-Mag Complex
Calcium Lactate	<sup>3</sup> Calcium Complex	Calcium Complex
Cal-Ma Plus	Parathyroid Plus	Cal-Mag Complex
Calsol	Cal-Mag Complex	Cal-Mag Complex
Cardio-Plus	Cardio-Power	CoQ10-Cardio
Cardiotrophin PMG	Simply Cardio	CoQ10-Cardio
Catalyn	Catalyst Complex or Vitamin-Mineral	Vitamin-Mineral
Catalyn Chewable	Vitamin-Mineral Shake	Vitamin-Mineral Shake
Cataplex A-C-P	A-C-P Complex	C Complex, plus Vira-Bac-Yst
Cataplex B	Complex B	B Stress Complex
Cataplex B12	Vitamin B-6, B-12 & Folate	Vitamin B-6, B-12 & Folate
Cataplex C	C Complex	C Complex
Cataplex D	D Complex	D Complex
Cataplex E	Selenium E, plus Simply Liver	Selenium E
Cataplex E2	Selenium E, plus Simply Spleen	Selenium E
Cataplex F	Omega 3/EPA/DHA	Wheat Germ Oil E
Cataplex G	G Complex	B Stress Formula
Cataplex GTF	Gluco-Sugar-Balance	Gluco-Sugar-Balance
Cayenne Pepper	Advanced Joint Complex	Detox-N-Cleanse
Chezyn	Zinc Complex, plus Simply Liver	Zinc Complex
Chlorophyl Complex	Green Vegetable Alkalizer	Green Vegetable Alkalizer
Cholachol	GB Support	Pro-Enzymes
Cholachol II	GB Support, plus Aller-Lung Support	Pro-Enzymes, plus Aller-Lung Support
Cholaplex	GB Support or Nattokinase	Cholester-Right or Nattokinase
Choline	Choline Complex	Choline Complex
Circuplex	Anxie-Tone	Vegetarian Adrenal
Congaplex	Conga-Immune	Vira-Chron, plus C Complex
Collagen C	C Complex, plus Advanced Joint Complex	C Complex
Collinsonia Root	GB Support	Pro-Enzymes, plus Magnesium Complex
Cruciferous Complete	Green Vegetable Alkalizer	Green Vegetable Alkalizer
Cyrofood	Simply Liver, plus Vitamin-Mineral Shake	Vitamin-Mineral Shake

<sup>1</sup>Dento-Gums is more equivalent. <sup>2</sup>Calci-Chew is more equivalent. <sup>3</sup>Calcium Lactate + is more equivalent. All of these are available from Bioscience Formulas.

Standard Process (*)	Doctors Research	Doctors Research Vegetarian
Cyro-Yeast	Probio-Zyme-Yst	Probio-Zyme-Yst
Cyruta	Vira-Bac-Yst, plus Nattokinase	Vira-Bac-Yst, plus Nattokinase
Cyruta Plus	Vira-Bac-Yst	Vira-Bac-Yst
Dermatrophin PMG	Advanced Joint Complex	Herbal Antioxidant
Diaplex	Digesti-Pan, plus Gluco-Sugar-Balance	Pro-Enzymes, plus Gluco-Sugar-Balance
Disodium Phosphate	GB Support	Pro-Enzymes, plus Gluco-Sugar-Balance
Drenamin	High Stress Adrenal	Vegetarian Adrenal
Drenatropin PMG	Simply Adrenal	Vegetarian Adrenal
Echinacea-C	Thymo-Immune	C Complex, plus Vira-Bac-Yst
e-Manganese	Migratrol, plus Selenium E	Vegetarian Thryo
Emphaplex	Intracellular Cough, plus Simply Lung	Aller-Lung Support
e-Poise	Vitamin-Mineral Shake	Vitamin-Mineral Shake
Fen-Cho	GB Support	Pro-Enzymes
Fen-Gre	Aller-Lung Support	Aller-Lung Support
Ferrofood	Hematic Formula	Hematic Formula
Folic Acid B12	Vitamin B-6, B-12, & Folate	Vitamin B-6, B-12, & Folate
For-Til B12	Complete Ear Health	Vitamin B-6, B-12, & Folate
Garlic	Cholester-Right	Cholester-Right
Gastrex	Digesti-Pan	Pro-Enzymes
Ginkgo Synergy	Serious Brain Enhancer	Vegetarian Tyrosine, plus Herbal Antioxidant
Glucosamine Synergy	Advanced Joint Complex	Inflam-Enzymes
Hepatrophin PMG	Simply Liver	Pro-Enzyme, plus Green Vegetable Alkalizer
Hypothalamus PMG	Hypothalamus EMG or Simply Hypothalamus	B Stress Complex, plus Vegetarian Adrenal
Hypothalamex	Restful Mind Support	Vegetarian Tryptophan, B Stress Complex
Immuplex	Thymo-Immune	Vira-Chron
Inositol	Inositol Complex	Inositol Complex
Iodomere	Metabolic Thyo	Vegetarian Thyo
Iplex	Complete Eye Health	Herbal Antioxidant, Vitamin-Mineral
Lact-Enz	Probio-Zyme-Yst	Probio-Zyme-Yst or Pro-Enzymes (vegan)
Lactic Acid Yeast	Probio-Zyme-Yst	Probio-Zyme-Yst or Pro-Enzymes (vegan)
Ligaplex I	Cal-Mag Complex, plus Inflam-Enzymes	Cal-Mag Complex, plus Inflam-Enzymes
Ligaplex II	Liga-Complex	Inflam-Enzymes
Linum B-6	Omega 3/EPA/DHA, plus Vitamin B-6, B-12 & Folate	Wheat Germ Oil E , plus Vitamin B-6, B-12, & Folate
Livaplex	Liver Complex	Detox-N-Cleanse
Magnesium Lactate	Magnesium Complex	Magnesium Complex
Mammary PMG	Simple Mammary	Libida-Life
Manganese B-12	Cal-Mag Complex, plus Vitamin B6, B-12 & Folate	Cal-Mag Complex, plus Vitamin B-6, B-12, & Folate
Min-Chex	Nerve Chex	Cal-Mag Complex, plus Vegetarian Thyo
Min-Tran	Mineral Tran	Cal-Mag Complex, plus Vitamin B-6, B-12, & Folate and Vegetarian Tryptophan
Multi-Zyme	Digesti-Pan	Pro-Enzymes, plus Para-Dysbio-Zyme
Myo-Plus	Cardio-Power	CoQ10-Cardio
Myotrophin PMG	Simply Cardio	CoQ10-Cardio
Neuroplex	Serious Brain Enhancer	Vegetarian Tyrosine, Vegetarian Adrenal
Neurotrophin PMG	Serious Brain Enhancer	Vegetarian Tryptophan, Vegetarian Adrenal
Niacinamide B-6	B Stress Complex	B Stress Complex
Nutrimere	Metabolic Thyo	Vegetarian Thyo
Oculotrophin PMG	Complete Eye Health	Herbal Antioxidant
Okra Pepsin	Digesti-Pan	Pro-Enzymes
OPC Synergy	Herbal Antioxidant	Herbal Antioxidant
Orchex	Simply Orchic	Libida-Life
Orchic PMG	Simply Orchic	Libida-Life
Organically Bound Minerals	Land & Sea Minerals	Vitamin-Mineral Shake
Organic Iodine	Vegetarian Thyo	Vegetarian Thyo
Ostarplex	Cal-Mag Complex	Cal-Mag Complex

<b>Standard Process (*)</b>	<b>Doctors Research</b>	<b>Doctors Research Vegetarian</b>
Ostrophin PMG	Cal-Mag Complex	Cal-Mag Complex
Ovatrophin PMG	Simply Ovary or Le Feminine Advantage	Libida-Life
Ovex or Ovex-P	Simply Ovary or Le Feminine Advantage	Libida-Life
Palmettoplex	Prosta-Power	Libida-Life
Pancreatrophin PMG	Simply Pancreas	Pro-Enzymes
Paraplex	Simply Pancreas, plus Migratrol	Pro-Enzymes, plus Magnesium Complex
Parotid PMG	Complete Smell & Taste	Zinc Complex, plus Magnesium Complex
Phytolyn	Green Vegetable Alkalizer	Green Vegetable Alkalizer
Pituitrophin PMG	Pituitary EMG	Vegetarian Thyro
Pneumotrophin PMG	Simply Lung	Aller-Lung Support
Prolamine Iodine	Vegetarian Thyro	Vegetarian Thyro
Prost-X	Prosta-Power	Libida-Life, plus Zinc Complex
Prostate PMG	Prosta-Power	Libida-Life, plus Zinc Complex
Proteofood	Digesti-Pan, plus Para-Dysbio-Zyme	Pro-Enzymes, plus Para-Dysbio-Zyme
Renafood	Arginase Bladder	Vegetarian Adrenal, plus Vitamin-Mineral Shake
Renatrophin PMG	Uro-Kid Support	Vegetarian Adrenal, plus Vitamin-Mineral Shake
Ribonucleic Acid	Serious Brain Enhancer	Vegetarian Tyrosine, Vegetarian Adrenal
Rumaplex	Advanced Joint Complex	Cal-Mag Complex
SP Cleanse	Detox-N-Cleanse	Detox-N-Cleanse
SP Complete	Vitamin-Mineral Shake	Vitamin-Mineral Shake
SP Green Food	Green Vegetable Alkalizer or Vitamin-Mineral Shake	Green Vegetable Alkalizer or Vitamin-Mineral Shake
Senaplex	Restful Mind Support, plus Vitamin-Mineral	Vegetarian Tryptophan, plus Vitamin-Mineral
Sesame Seed Oil	Omega 3/EPA/DHA, plus Green Vegetable Alkalizer	Green Vegetable Alkalizer, plus Wheat Germ Oil E
Spanish Black Radish	GB Support	Probio-Zyme-Yst
Spleen Desiccated	Simply Spleen	Detox-N-Cleanse
Spleen PMG	Spleen EMG	Detox-N-Cleanse
St. John's Wort	Anxie-Tone or Serious Brain Enhancer	Vegetarian Tryptophan
Super EFF	Omega 3/EPA/DHA	Wheat Germ Oil E
Symplex F	Le Feminine Advantage	Libida-Life
Symplex M	Prosta-Power	Libida-Life
Thymex	Simply Thymus	Vira-Bac-Yst
Thymus PMG	Thymus EMG	Vira-Bac-Yst
Thytrphin PMG	Thymus EMG	Vegetarian Thyro
Trace Minerals- B12	Vitamin-Mineral Shake or Land & Sea Minerals	Vitamin-Mineral Shake or Land & Sea Minerals
Tuna Omega-3 Oil	Omega 3/EPA/DHA	Wheat Germ Oil E
Utrophin PMG	Simply Uterus	Libida-Life
Vasculin	Cardio-Power, Nattokinase	Vitamin B-6, B12, & Folate, plus Co-Q10 Cardio and Nattokinase
Wheat Germ Oil	Wheat Germ Oil E	Wheat Germ Oil E
Wheat Germ Oil Fortified	Wheat Germ Oil E **	Wheat Germ Oil E
Whey Pro-Complete	Vitamin-Mineral Shake	Vitamin-Mineral Shake
Whole Food Fiber	Vitamin-Mineral Shake	Vitamin-Mineral Shake
Zinc Liver Chelate	Simply Liver, plus Zinc Complex	Zinc Complex, plus Pro-Enzymes
Zymex	Probio-Zyme-Yst	Probio-Zyme-Yst
Zymex II	Para-Dysbio-Zyme	Para-Dysbio-Zyme
Zypan	Digesti-Pan	Pro-Enzymes

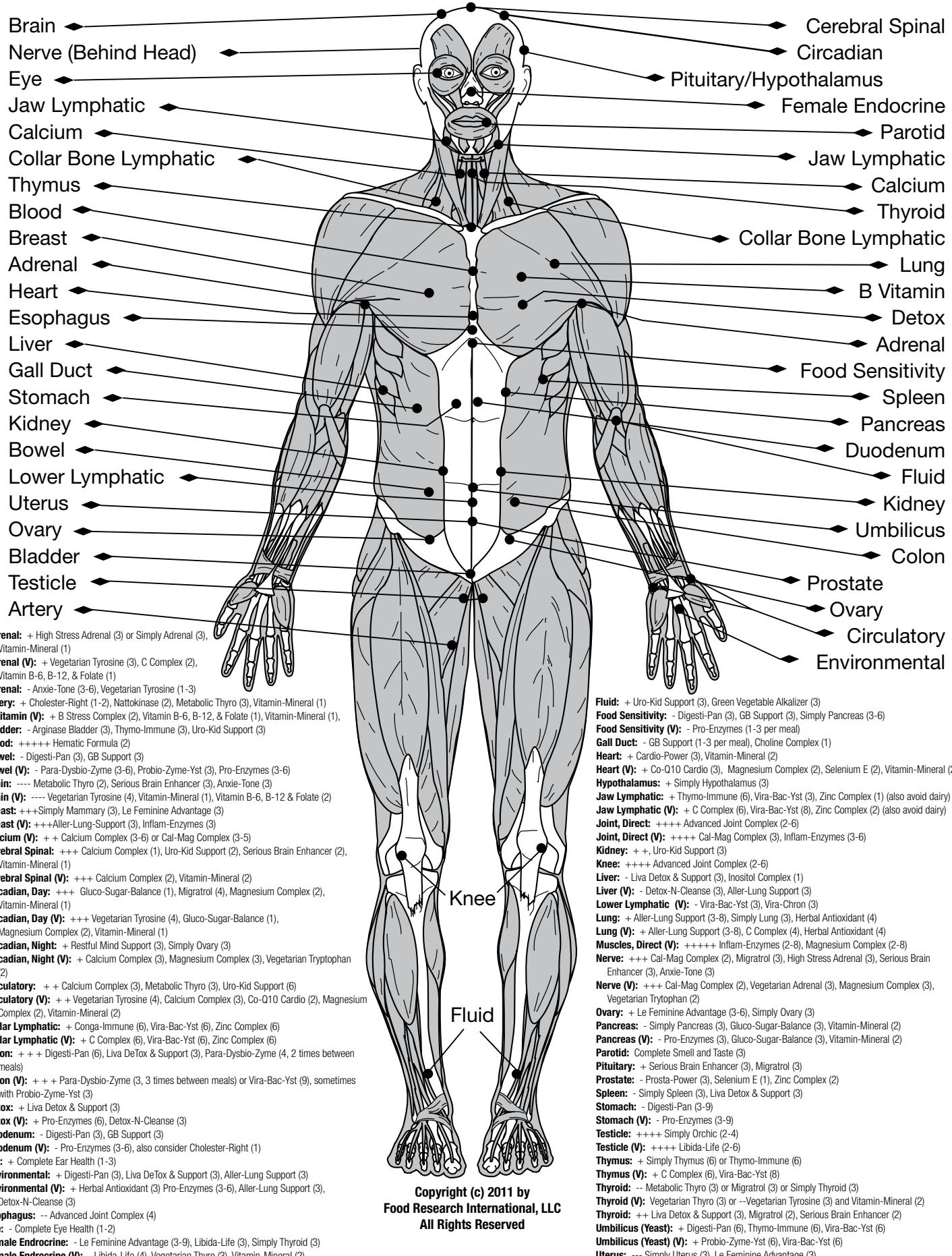
<b>MediHerb (*)</b>	<b>Doctors Research</b>	<b>Doctors Research Vegetarian</b>
Adrenal Complex	Vegetarian Adrenal	Vegetarian Adrenal
Albizia Complex	Aller-Lung Support	Aller-Lung Support
Bacopa Complex	Serious Brain Enhancer	Vegetarian Tyrosine
Berberine Complex	Glucos-Sugar-Balance	Glucos-Sugar-Balance
Bilberry	Complete Eye Health	Herbal Antioxidant
Bone Complex	Cal-Mag Complex	Cal-Mag Complex

<b>MediHerb (*)</b>	<b>Doctors Research</b>	<b>Doctors Research Vegetarian</b>
Boswellia Complex	Uro-Kid Support	Herbal Antioxidant
Broncafect	Intracellular Cough	Aller-Lung Support
Broncafect Phytosynergist	Intracellular Cough	Aller-Lung Support
Burdock Complex	Para-Dysbio-Zyme	Para-Dysbio-Zyme
Capsella Complex Phytosynergist	Vegetarian Thyo and Simply Uterus	Vegetarian Thyo and Magnesium Complex
Cat's Claw Forte	Aller-Lung Support	Aller-Lung Support or Green Vegetable Alkalizer
Chaste Tree	Le Feminine Advantage	Vegetarian Thyo
ChelaCo	Detox-N-Cleanse	Detox-N-Cleanse
Colax	GB Support	Green Vegetable Alkalizer
Coleus Forte	Metabolic Thyo	Vegetarian Thyo
Cramplex	Simply Thyroid	Magnesium Complex
Cranberry Complex	Arginase Bladder	Vira-Bac-Yst
DermaCo	Liva-DeTox & Support	Detox-N-Cleanse
DiGest	Digesti-Pan	Pro-Enzymes
DiGest Phytosynergist	Digesti-Pan	Pro-Enzymes
Echinacea Premium	Conga-Immune	Vira-Bac-Yst and Zinc Complex
Eleuthero	Anxie-Tone	Vegetarian Tryptophan
Euphrasia Complex	Thymo-Immune or Complete Eye Health	Aller-Lung Support
Evening Primrose Oil	Le Feminine Advantage	Wheat Germ Oil E
Fe-Max Iron Tonic Phytosyn.	Hematic Formula	Hematic Formula
FemCo	Le Feminine Advantage	Libida-Life
Ganoderma & Shiitake	Conga-Immune	Vira-Bac-Yst and Zinc Complex
Garlic Forte	Cholester-Right	Cholester-Right
Ginkgo Forte	Serious Brain Enhancer	Vegetarian Tyrosine
Golden Seal	Thymo-Immune	Aller-Lung Support
Gotu Kola Complex	Advanced Joint Complex	Libida-Life
Gut Flora Complex	Probio-Zyme-Yst	Probio-Zyme-Yst
Gymnema	Gluco-Sugar-Balance	Gluco-Sugar-Balance
Hawthorn	Co-Q10 Cardio	Co-Q10 Cardio
Herbal Throat Spray Phytosyn	Conga-Immune	Aller-Lung Support and Zinc Complex
HerbaVital	Herbal Antioxidant or Libida-Life	Herbal Antioxidant or Libida-Life
HiPep	Digesti-Pan	Pro-Enzymes
Horsechestnut Complex	Metabolic Thyo	Herbal Antioxidant
Kava Forte	Restful Mind Support	Vegetarian Tryptophan
LivCo	Liva-DeTox & Support	Pro-Enzymes, plus Green Vegetable Alkalizer
Livton Complex	Liva-DeTox & Support	Pro-Enzymes, plus Green Vegetable Alkalizer
Metabol Complex	Gluco-Sugar-Balance	Gluco-Sugar-Balance
Nervagenic	Anxie-Tone or Restful Mind Support	Vegetarian Tryptophan
Nevaton	Anxie-Tone or Restful Mind Support	Vegetarian Tryptophan
ProstaCo	Prosta-Power	Libida-Life
PulmaCo	Aller-Lung Support or Simply Lung	Aller-Lung Support
ResCo	Intracellular Cough or Aller-Lung Support	Aller-Lung Support
ResCo Phytosynergist	Intracellular Cough or Aller-Lung Support	Aller-Lung Support
Rhodiola & Ginseng Complex	High Stress Adrenal	Vegetarian Adrenal
Saligesic	Inflam-Enzymes	Inflam-Enzymes
Silymarin	Liva-Detox & Support	Herbal Antioxidant or Detox-N-Cleanse
St. John's Wort	Serious Brain Enhancer	Vegetarian Tyrosine and/or Vegetarian Tryptophan
Thyroid Complex	Metabolic Thyo or Migratrol	Vegetarian Thyo
Tribulus	Prosta-Power or Simply Ovary	Libida-Life
UriCo Phytosynergist	Arginase Bladder	Vira-Bac-Yst
Valerian Complex	Anxie-Tone or Restful Mind Support	Vegetarian Tryptophan
Vitanox	Herbal Antioxidant	Herbal Antioxidant
Wild Yam Complex	Le Feminine Advantage	Libida-Life
Withania Complex	Anxie-Tone or Restful Mind Support	Vegetarian Tryptophan
Wormwood Complex	Para-Dysbio-Zyme	Para-Dysbio-Zyme

(\*) Most of the product names are trademarks of the respective companies. \*\* Product contains 4x more wheat germ oil per capsule than SP's version.

# REFLEX NUTRITION ASSESSMENT CHART™

This chart can be used by doctors who do, or do not, "muscle test" as it shows nutritional products to support various healthy systems in the human body. For those that do muscle test, "-" refers to ulnar and "+" refers to palmar reflexes. The term DIRECT refers to a position where a problem is apparently existing and NOT a reflex show on this chart.



# CHIRO NUTRITION CHART™

Vertebrae	Chiropractic Connection	Product Considerations
C1	Cervical 1	Blood supply to head, pituitary
C2	Cervical 2	Inflam-Enzymes (4), Serious Brain Enhancer (3), Hematic Formula (1)
C3	Cervical 3	Eyes, optic nerve forehead
C4	Cervical 4	Inflam-Enzymes (4), Complete Eye Health (1)
C5	Cervical 5	Cheeks, teeth, trigeminal nerve
C6	Cervical 6	Inflam-Enzymes (6), Cal-Mag Complex (2)
C7	Cervical 7	Nose, lips, mouth
T1	Cervical 8	Inflam-Enzymes (6), Complete Smell & Taste (3)
T2	Cervical 9	Inflam-Enzymes (4), Advanced Joint Complex (3)
T3	Cervical 10	Neck muscles, shoulders
T4	Cervical 11	Inflam-Enzymes (6), Magnesium Complex (3)
T5	Cervical 12	Thyroid gland
T6	Thoracic 1	Inflam-Enzymes (4), Metabolic Thyro (3)
T7	Thoracic 2	Hands, trachea
T8	Thoracic 3	Inflam-Enzymes (6), Advanced Joint Complex (3)
T9	Thoracic 4	Heart, including its valves
T10	Thoracic 5	Inflam-Enzymes (4), Cardio-Power (3), Omega 3/EPA/DHA (2)
T11	Thoracic 6	Lungs, bronchials, breasts
T12	Thoracic 7	Inflam-Enzymes (4), Simply Lung (2) or Simply Mammary (2)
L1	Thoracic 8	Gall bladder, bile duct
L2	Thoracic 9	Inflam-Enzymes (4), GB Support (3)
L3	Thoracic 10	Liver, blood
L4	Thoracic 11	Inflam-Enzymes (4), Liva Detox & Support (3), Hematic Formula (1)
L5	Thoracic 12	Stomach
S	Lumbar 1	Inflam-Enzymes (4), Digesti-Pan (3-6)
C	Lumbar 2	Pancreas
	Lumbar 3	Inflam-Enzymes (4), Simply Pancreas (3)
	Lumbar 4	Inflam-Enzymes (4), Simply Spleen (3)
	Lumbar 5	Lumbar 5
	Sacrum	Inflam-Enzymes (4), Adrenal glands
	Coccyx	Kidneys
		Inflam-Enzymes (4), Uro-Kid Support (3-6)
		Kidneys, ureters
		Inflam-Enzymes (4), Uro-Kid Support (3-6) or Arginase Bladder (3-6)
		Small intestines, lymph nodes
		Inflam-Enzymes (4), Digesti-Pan (3-6) or Simply Pancreas (3-6)
		Large intestines
		Inflam-Enzymes (6), Para-Dysbio-Zyme (4) or GB Support (3)
		Abdomen
		Inflam-Enzymes (6), Digesti-Pan (3-6)
		Sex organs
		Inflam-Enzymes (4), Le Feminine Advantage (3) or Prosta-Power (3)
		Prostate, lower back muscles
		Inflam-Enzymes (6), Prosta-Power (3) or Magnesium Complex (4)
		Lower legs, feet, toes
		Inflam-Enzymes (6), Cal-Mag Complex (2) or Vegetarian Adrenal (2)
		Hips, buttocks
		Inflam-Enzymes (4), Advanced Joint Complex (4)
		Rectum, anus
		Inflam-Enzymes (4), Para-Dysbio-Zyme (6)

Other Concerns	Chiropractic Connection	Product Considerations
Ankles	Ankles	Uro-Kid Support (4) or Advanced Joint Complex (3)
Bones	Bones	Calcium Complex (4), D Complex (1) or Cal-Mag Complex (3)
Elbows	Elbow	Inflam-Enzymes (6), Advanced Joint Complex (2)
Health	All systems	Vitamin-Mineral (1-2)
Injury	Joint, muscle	Inflam-Enzymes (8), Omega 3/EPA/DHA (4)
Knee	Knee	Advanced Joint Complex (3-6), also avoid caffeine
Moving aches	Muscles, joints	Inflam-Enzymes (6), Migratrol (3)
Muscles	Muscles	Magnesium Complex (3), Omega 3/EPA/DHA (4)
Wrists	Wrists	Inflam-Enzymes (6), Vitamin B-6, B-12, & Folate (2)

Note: Many spinal nerves are connected to multiple organs/systems, thus this chart is not always applicable. The above chart also normally is not including suggestions when a problem is caused by some type of infection. The amount of tablets/capsules often taken per day is shown between the ( ). None of these statements have been approved by the US Food and Drug Administration, Health Canada, or similar authorities.